Shri Shivaji Maratha Societys' Pune 2

Adhyapak Mahavidyalay,Aranyeshwar Pune 9

Report on Training Program for Entrepreneurship Skills

Venue- Adhyapak Mahavidyalaya, Aranyeshwar Pune 9

Date - 7th December 2017 by Mrs. Kavita Jagtap

Introduction: On 7th December 2017, a workshop titled "Udyojakta Karyashala" was conducted as part of the co-curricular activities at Adhyapak Mahavidyalaya, Aranyeshwar Pune 9. The workshop aimed to enhance entrepreneurship skills among students and teachers. The workshop was organized by Ms. Kavita Jagtap, who is associated with Karveer Bhau Sahib Hire High School and Junior College.

Workshop Details: The workshop primarily focused on practical demonstrations of household product creation. Ms. Kavita Jagtap showcased the creation of various household items using readily available materials. The practical demonstrations included the preparation of items such as candles, phenyl, perfumes, room fresheners, and more. The usage of raw materials and their transformation into finished products was demonstrated effectively. Students and teachers actively participated in the workshop.

Incorporating Entrepreneurship: Ms. Kavita Jagtap emphasized the importance of using easily available materials to create useful products. She shared a list of raw materials along with necessary literature, similar to a manual, to help participants understand the process. She even provided information about local shops where the required materials could be purchased. The products created during the workshop were put on display for everyone to see.

Participant Feedback: After witnessing the creation of various products, participants expressed their gratitude for the interactive workshop. The practical demonstrations made a significant impact on their understanding of entrepreneurship and product creation. The



workshop not only provided valuable insights into crafting household products but also inspired the participants to consider entrepreneurial opportunities in such ventures.

Conclusion: The "Udyojakta Karyashala" conducted by Ms. Kavita Jagtap at Adhyapak Mahavidyalaya, Aranyeshwar Pune 9, on 7th December 2017, successfully highlighted the importance of entrepreneurship skills. The workshop's hands-on approach allowed participants to witness the transformation of raw materials into market-ready products. The event concluded on a positive note, with the participants expressing gratitude to the organizers and acknowledging the impact of the workshop on their perception of entrepreneurship.

PRING

Adhyapak Mahavidyalaya Aranyashyar, Pung 411 009.

Adhyapak Mavidyalaya, Aranyeshwar Pune 9

Report on Social Awareness Skill - Environmental Awareness Programme

Programme Details:

- Venue: Adhyapak Mahavidyalaya, Aranyeshwar Pune 9
- Conducted By: Dr. Vaishali Shinde
- Dates:
 - 17/08/2017 Orientation of Social Awareness Skill, Tree
 Plantation
 - 28/08/2017 Basic Concept of Environment, Environmental
 Problems
 - 28/08/2017 Field Visit Ahilyadevi Haritsena
 - 29/08/2017 Slogan Writing, Poster Presentation
 - 31/08/2017 Street Play

Introduction: In the academic year 2017-18, the Open Course Committee along with its members, under the guidance of the Principal, Dr. Chaugule B.G organized a course on "Social Awareness Skills - Environmental Awareness" for second-year students pursuing Open Courses. The course aimed to provide students with theoretical and practical knowledge about environmental issues, solutions, and awareness.

Programme Overview: The course began with a series of sessions focusing on social awareness skills related to environmental awareness. The sessions included discussions on the importance of understanding the environment, its challenges, and ways to contribute positively towards it.

Session Details: On 17/08/2017, a lecture on "Introduction to Environmental Awareness" was delivered. The importance of being environmentally conscious was emphasized.



- From 28/08/2017 to 31/08/2017, various topics related to the environment were covered through lectures, discussions, and practical activities. These topics included fundamental concepts of the environment, environmental problems, environmental laws, Indian environmental scenarios, and biodiversity and natural resources.
- Activities included:
 - Tree plantation on 17/08/2017 to celebrate Environment Day
 - Field visit to Ahilyadevi Haritsena on 28/08/2017 to understand practical aspects of environmental initiatives.
 - Preparation of slogans and posters for environmental awareness on
 - Street play on 31/08/2017 to spread environmental awareness through a creative approach.

Outcome: Through a variety of lectures and activities, the students gained an in-depth understanding of environmental issues and the importance of being environmentally conscious. They learned how to address environmental challenges and develop solutions through practical initiatives like tree plantation, awareness campaigns, and creative presentations.

The programme fostered the development of self-awareness, sensitivity, and creative thinking among the students. By actively participating in the sessions and activities, the students enhanced their ability to contribute positively to environmental conservation and awareness.

Overall, the "Social Awareness Skills - Environmental Awareness" programme conducted by Dr. Vaishali Shinde at Adhyapak Mahavidyalaya, Aranyeshwar Pune 9, successfully instilled a sense of responsibility and awareness about environmental issues among the participating students. It encouraged them to take proactive steps towards a greener and more sustainable future.

Adhyapak Mahavidyalaya Aranyeshwar, Pune - 411 009.



Shri Shivaji Maratha Society's Pune 2 Adhyapak Mahavidyalaya,Aranyeshwar,Pune 9

Report: Yoga & Meditation Lecture at Adhyapak Mahavidyalaya Aranyeshwar, Pune 9

Date: February 20, 2018

Venue: Adhyapak Mahavidyalaya Aranyeshwar, Pune

Lecture Delivered By: Dr. Shubhangi Kurhade

Introduction: On February 20, 2018, Adhyapak Mahavidyalaya Aranyeshwar in Pune had the privilege of hosting a captivating lecture on the topics of Yoga and Meditation. The lecture was delivered by the esteemed Dr. Shubhangi Kurhade, a well-known expert in the field of holistic wellness and spirituality. The event aimed to provide students and faculty members with insights into the profound benefits of incorporating yoga and meditation into their daily lives.

Lecture Overview: The lecture commenced at 10:00 AM in the college auditorium and was attended by a diverse audience, including students, professors, and staff members. Dr. Shubhangi Kurhade, known for her extensive knowledge and experience in yoga and meditation, began by introducing the significance of these practices in modern-day life.

Key Points Discussed:

Understanding Yoga: Dr. Kurhade delved into the origins of yoga, tracing its
roots back to ancient India. She emphasized that yoga is not just a physical exercise
but a holistic approach to wellness, encompassing mental, emotional, and spiritual



- dimensions. Different types of yoga, such as Hatha, Vinyasa, and Kundalini, were discussed to provide attendees with a comprehensive view.
- 2. **Benefits of Yoga:** The lecture highlighted the multifaceted benefits of yoga, which include stress reduction, increased flexibility, enhanced posture, and improved mental clarity. Dr. Kurhade presented scientific studies that substantiated the positive impacts of yoga on various aspects of health and well-being.
- 3. **Introduction to Meditation:** Moving on to meditation, Dr. Kurhade elucidated the art of turning inward for self-discovery and inner peace. She explained the diverse forms of meditation, including mindfulness, mantra, and loving-kindness meditation. The audience was encouraged to explore different techniques to find what resonated with them.
 - 4. **Mind-Body Connection:** The interconnection between the mind and body was a central theme throughout the lecture. Dr. Kurhade emphasized how yoga and meditation facilitate a harmonious relationship between these aspects, leading to improved mental health and overall well-being.
 - 5. Practical Demonstration: The lecture also included a practical session where attendees were guided through simple yoga postures and a brief meditation exercise. This hands-on experience allowed participants to feel the immediate effects of these practices and encouraged them to incorporate them into their daily routines.

Conclusion: The Yoga and Meditation lecture delivered by Dr. Shubhangi Kurhade at Adhyapak Mahavidyalaya Aranyeshwar, Pune, on February 20, 2018, was a resounding success. It provided attendees with a deeper understanding of the holistic benefits of yoga and meditation, as well as practical insights into their incorporation. The event left a positive impact on the participants, inspiring them to explore these ancient practices for their physical, mental, and spiritual growth.



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Aranyeshwar, Pune - 411 009.



Field Visit Report: Kamayani School - Exploring Inclusive Education for Special Needs Children

Introduction:

The field visit to Kamayani School, an esteemed institution dedicated to providing education and support for children with special needs, was meticulously organized on **August 10th**, **2018**. The catalyst behind this visit was Prof Jadhav Shobha who aimed to delve into the realms of inclusive education and glean insights into catering to the unique requirements of students with special educational needs.

Objectives:

The core objectives of this enlightening field visit were multifield:

1. Comprehensive Understanding of Inclusive Education:

The visit aspired to unravel the principles and practices of inclusive education, an approach that embraces all students regardless of their differences.

2. Recognition of Challenges Faced by Special Needs Students:

An intention was to recognize and appreciate the distinctive challenges and prerequisites faced by students with special needs, fostering a greater empathetic understanding.

3. Observation and Documentation of Teaching Methodologies:

The visit aimed to closely observe and document the array of teaching methodologies, resources, and adaptations ingeniously employed to ensure effective and tailored education for each student.

4. Celebration of Kamayani School's Endeavours:

The visit sought to commend the unwavering commitment of Kamayani School in offering top-notch education and unyielding support to children with mental challenges, underscoring the immense societal impact.

5. Evaluation of Impact of Inclusive Education:

By observing the school's practices, the intention was to assess the tangible impact of inclusive education on the holistic development and self-sufficiency of special needs students.



Visit Highlights:

1. Insightful Introduction by Prof.Jadhav Shobha:

Prof.Jadhav set the tone for the visit with an insightful introduction that underscored the pivotal role of inclusive education in empowering and uplifting students with special needs, ensuring their equitable participation in society.

2. Commencement with Prayer and National Anthem:

The day began on a note of reverence, with a solemn prayer and the national anthem fostering a sense of unity and respect among students and staff, transcending their diverse backgrounds and abilities.

3. Meditation and Engaging Activities:

The students were engaged in a calming meditation session and invigorating activities, nurturing a screne and focused environment conducive to both learning and holistic development.

4. Unveiling Kamayani School's Origins:

The history and foundational principles of Kamayani School were unveiled, shedding light on its modest inception in 1964 under the visionary leadership of Mrs. Sindhutai Joshi. The school's unwavering mission to empower mentally challenged children was emphatically highlighted.

5. Showcasing School Infrastructure:

The robust infrastructure of the school, characterized by well-ventilated and spacious classrooms, a fully-equipped library, and sports facilities, was showcased as a cornerstone in providing an all-encompassing and conducive learning environment for students.

6. Diverse Educational Programs:

The visit provided a glimpse into the school's diverse educational programs, encompassing activities such as drawing, craft, tailoring, handloom work, binding, and sports. These programs were meticulously curated to nurture and enhance the skills and latent talents of each student.

7. The Significance of the Sheltered Workshop: The sheltered workshop section served as an embodiment of vocational training programs, spanning activities like candle making, chalk production, soap making, and beadwork. These vocational pursuits not only endowed students with tangible skills but also kindled their sense of self-reliance and accomplishment.

8. Holistic Support: Counselling and Speech Therapy:

The presence of psychological counseling services and dedicated speech therapy facilities underscored the school's unwavering commitment to addressing students' emotional and communication needs comprehensively.

9. Unity through Inclusion:

The visit prominently underscored Kamayani School's inclusive approach, wherein students with diverse disabilities seamlessly coexist, learn, and collaborate. This approach engenders a sense of unity, mutual understanding, and camaraderie among students, transcending barriers.

10. Celebrating Impact and Recognition:

The visit was a celebration of Kamayani School's profound and positive impact on the lives of its students. The institution's remarkable growth and the recognition it



has garnered for its pioneering work stood as a testament to its dedication and unwavering commitment.

Conclusion:

The field visit to Kamayani School was a transformative and enlightening experience that afforded a unique window into the universe of inclusive education and special needs education. Observing the tireless dedication of the school's staff, the impressive facilities, and, above all, the awe-inspiring accomplishments of the students left an indelible mark on every visitor.

The visit reinforced the paramount significance of providing equal opportunities and tailored education for students with special needs, acknowledging their unique abilities and fostering their holistic development. Additionally, the visit acted as a poignant reminder of the profound impact that an individual's visionary spirit and resolute determination, exemplified by Mrs. Sindhutai Joshi, can exert on society.

The team left Kamayani School profoundly appreciative of the transformative potential inherent in inclusive education and deeply inspired by the extraordinary work being carried out within its walls. The visit culminated with a heartfelt vote of gratitude delivered by Prof Kalekar Sunil expressing profound appreciation for Kamayani School's invaluable contributions to the lives of special needs students and the broader community.

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ADHYAPAK MAHAVIDYALAYA, ARANYESHWAR, PUNE 9

Best practices

Title of best practice- Tree plantation

Objectives of the practice-

It has been observed that nature is changing and man is responsible for that. The man is building cities by the cutting tree. The balance of nature is disturbed it is our duty to maintain the balance of nature.so that do college conducted tree plantation activity which has following objective-

- 1. To plan of various types of trees i.e. Fruits, useful plants.
- 2. To create awareness of the trees plantation among the students.
- 3. To maintain the natural beauty of the campus.
- 4. To develop the awareness regarding control of pollution.

The main objective of plantation program is to save and protect the environment by plantation work with given points.

- 1. To inculcate in Value protection of environment.
- 2. To ensure the Sincerity of students regarding the values of trees and plants.
- 3. To ensure that the plantation Change the Attitude of the student to produce more and more oxygen.
- 4. To maintain the cycle of nature.

Context:

The college develops this programme to inculcate value of protection of environment. This programme is found useful to develop the awareness regarding environment among student teachers.

The practice

It is very Important to plant more and more trees because these are the carriers of rain and cloud .Only the nature has capacity to produce more and more oxygen but it is only possible when our surrounding are full of tree and plants.

Our efforts make the students to go quickly on the path of plantation.

The college organized the program as follows -

- 1. Different type of plants are purchased for the plantation.
- 2. The group of students are formed.
- 3. These trees were planted in the campus by student teacher.
- 4. The student teacher take care at those plant throughout the year.

Evidence of success:





Students are increasingly taking interest in this practice. The students attend this programme despite of their packed schedule of usual classes and practical work.

Problem Encountered

Some students were too mischievous that they avoid the programme and deny such types of activities. But our faculties convinced them and ultimately they agreed for the plantation work and realized the value and importance of the nature and environment

Title of best practice – 2.Social Recognition Awareness Programme

Objectives of the practice:

In today's world where majority of the people pursuing only selfinterest relentlessly. The institution recognizes awareness the need to develop social awareness among student teachers. The college is working with this goal.

- 1. To help the student teachers to understand the problems of special children.
- 2. To help the student teachers to understand the importance of healthy life.
- 3. To sensitize the student teachers towards eve teasing.

Context:

The college develops this programme to inculcate value of social awareness. This programme is found useful to develop the social health among student teachers.

The practice:

The college has organised the following activities:-

- 1. A visit to Kamayani School which is a school for special children.
- 2. A visit to Nasha Mukti Kendra
- 3. Show the short films on eve- teasing.
- 4. A discussion on issues like the eve-teasing, condition of senior citizens

Evidence of success





Students participate interestingly in the programme. They are regularly attending these this programme.

Problem encountered:

The problem is faced regarding the date of visit.

Some student teachers find difficult to reach the destination during visit.

Title: Yoga & Meditation Workshop for Teacher Educators, Student Teachers, and Non-Teaching Staff

Date: 19-09-2018

Location: Adhyapak Mahavidyalaya Aranyeshwar, Pune 09

Presenter: Dr. Shubhangi Kurhade

Introduction:

The Yoga & Meditation Workshop conducted by Dr. Shubhangi Kurhade at Adhyapak Mahavidyalaya Aranyeshwar in Pune 09 aimed to promote physical, mental, and emotional well-being among teacher educators, student teachers, and non-teaching staff. The workshop imed to provide participants with practical tools to manage stress, enhance focus, and cultivate a holistic approach to education.

Objectives:

- 1. Introduce the concepts and benefits of yoga and meditation.
- 2. Teach participants various yoga postures, breathing techniques, and relaxation exercises.
- 3. Guide participants in developing a regular meditation practice.
- 4. Highlight the relevance of yoga and meditation in the field of education.
- 5. Offer practical strategies for integrating yoga and meditation into daily routines.

Workshop Overview:

The workshop was structured into multiple sessions, each focusing on different aspects of yoga and meditation:

- 1. Introduction to Yoga and Meditation (Session 1):Dr. Shubhangi Kurhade began by explaining the origins of yoga and meditation and their relevance in modern society. She emphasized the benefits of these practices in reducing stress, enhancing concentration, and promoting emotional balance.
- 2.Yoga Asanas and Breathing Techniques (Session 2): Participants were introduced to a series of yoga postures designed to improve flexibility, strength, and posture. Breathing exercises, such as pranayama, were taught to enhance participants' awareness of their breath and its impact on mental states.

3, Guided Meditation (Session 3): Dr. Kurade led participants through guided meditation sessions, encouraging them to focus on the present moment, cultivate mindfulness, and develop inner calm. Techniques for managing racing thoughts and stress were also shared.

4.Incorporating Yoga and Meditation in Education (Session 4): This session discussed the integration of yoga and meditation techniques into the educational process. Dr. Kurhade highlighted how these practices can improve the teaching-learning experience, foster a positive classroom environment, and enhance the overall well-being of educators and learners.

5. Developing a Personal Practice (Session 5): Participants were given guidance on establishing a regular yoga and meditation routine. Dr. Kurhade shared tips for overcoming common obstacles and encouraged participants to adapt these practices to their unique schedules and preferences.

utcomes:

The workshop yielded several positive outcomes:

- 1. Increased awareness of the benefits of yoga and meditation.
- 2. Improved stress management and relaxation skills among participants.
- 3. Enhanced focus and concentration, contributing to a more productive work and study environment.
- 4. Greater understanding of the potential of yoga and meditation in the education sector.
- 5. Empowerment of participants to integrate simple yoga and meditation techniques into their daily lives.

Conclusion:

Dr. Shubhangi Kurhade Yoga & Meditation Workshop at Adhyapak Mahavidyalaya Aranyeshwar was a resounding success, providing participants with valuable tools for enhancing their well-being and enriching their roles as educators and students. The workshop demonstrated the potential of integrating ancient practices into modern education to foster a more holistic and balanced approach to teaching, learning, and personal growth.

Adhyapak Mahavidyalaya Aranyeshwar. Pune - 411 099.

Adhyapak Mahavidyalaya Aranyeshwar Pune

Best practices

Title of best practice - Celebration of 150th Birth Anniversary of Mahatma Gandhi Jayanti

Objectives of the practice-

It has been observed that now a days, young generation is forgetting the principles of The Great Mahatma Gandhi. The practice of these principles is helpful in shaping our nation. To keep in view this thought the college has decided to observe the 150th Birth Anniversary of Mahatma Gandhi. The objectives of activity are as follows-

- 1. To impart the whole education of the body, mind and soul.
- 2. To acquaint the student teachers with the principles of Mahatma Gandhi.
- 3. To help the student teachers to observe the principles of Mahatma Gandhi.
- 4. To impart the knowledge of Gandhi's skill to handle the various problems by using non-cooperation.
- 5. To acquaint the student teachers with the literature of Mahatma Gandhi.

Context:

The college develops this programme to Celebration of 150th Birth Anniversary of Mahatma Gandhi -The father of the nation. This will help our students to not only showcase their talents but also develop in them a feeling of patriotism and national pride.

The practice

The college organized the program as follows -

- 1. The lecture was organized which states the life sketch of Mahatma Gandhi.
- 2. The exhibition of books written on Gandhiji was organized.
- 3. The essay writing competition was organized.
- 4. A street play which described the nervousness of Gandhiji about present condition of society was conducted in college as well as in the surrounding of college.

Evidence of success

Student are increasingly taking interest in this practice. The students attend this programme despite of their packed schedule of usual classes and practical work.







Problem Encountered

Some students were too mischievous that they avoid the programme and they were reluctant to participate in it. But our faculty convinced them and ultimately they agreed and made the programme successful.

Title of best practice - 2.Personality Development Programme

Objectives of the practice

Personality is developed over the years and hence it is very important to make sure that we imbibe positive traits in ourselves right from a young age. To keep in view this thought the college has decided to conduct Personality Development Programme. The objectives of activity are as follows-

- 1. To understand the concept of personality development.
- 2. To explain the factor affecting on personality development.
- 3. To understand the personality measurements.
- 4. To help to understand the development of good mental health.

Context

The college develops this programme for personality development of student teachers as they are would be teachers. They are going to shape the society so they should have good personality traits among them. This programme is found useful to develop their personality up to some extent.

The practice

The college has organised the following activities:-

- 1. Orientation session regarding meaning of personality was held.
- 2. The test on personality development was conducted.
- 3. The student collect the newspaper cuttings which talks about great personalities in the society.
- 4. The lectures on topics like Motivation, Teacher's self-code, and Man making education were held.

Evidence of success

Students participate interestingly in the programme and they found it motivating. They understand the teacher's code, how to teach and the importance of teacher. The workshop is useful for understanding the importance of education and building a good person.

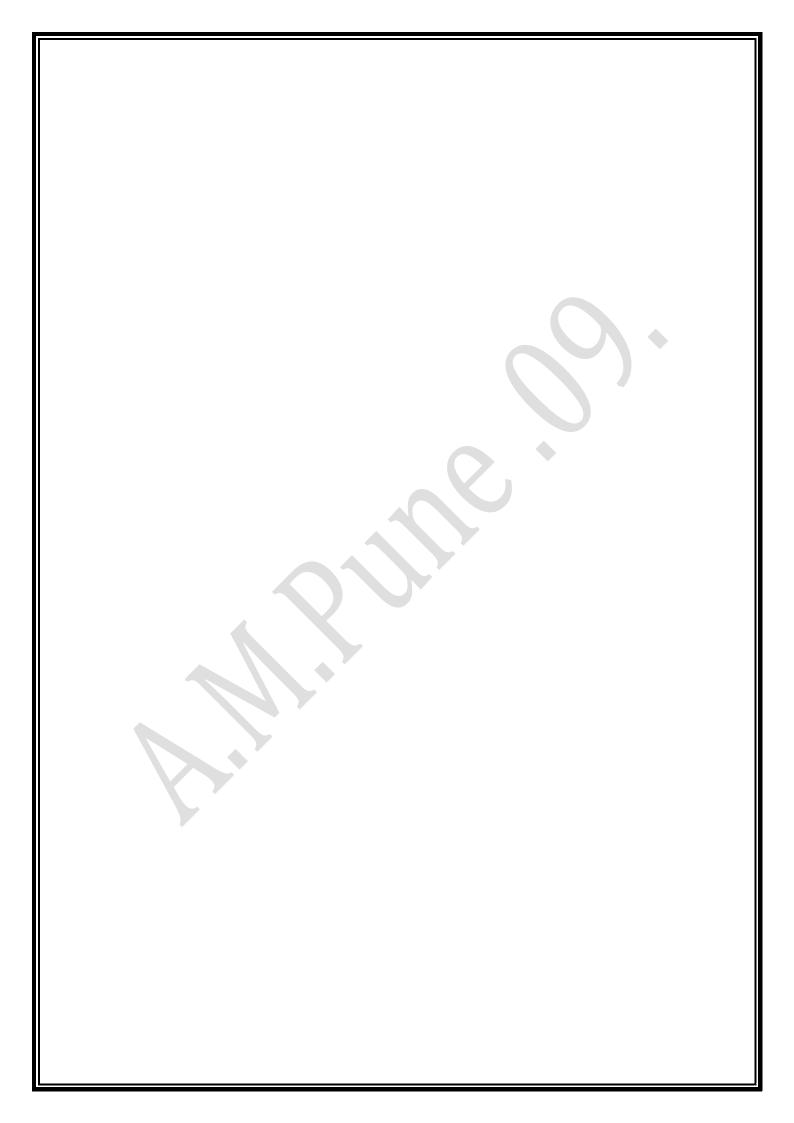






Problem encountered

The problem is faced regarding the date of guests for programme.



Adhyapak Mahavidyalaya, Aranyeshwar Pune 9

Report: Inculcation of Human Values and Professional Ethics Program

Date: June 8, 2019

Venue: Adhyapak Mahavidyalaya, Aranyeshwar

Presenter: Dr. Shubhangi Kurhade

Introduction: On June 8, 2019, a comprehensive program on the inculcation of human values and professional ethics was conducted at Adhyapak Mahavidyalaya, Aranyeshwar. The event was organized with the aim of promoting ethical behaviour, moral values, and professionalism among the teaching fraternity. Dr. Shubhangi Kurhade, a renowned educator and expert in the field, was the keynote speaker for the program.

Program Overview: The program was structured to address the significance of human values and professional ethics in the education sector. It aimed to create awareness among educators about their role in shaping students' character, values, and ethical behaviour. The event consisted of lectures, interactive sessions, case studies, and group discussions to engage the participants actively.

Highlights of the Program:

1. **Inaugural Address:** The program began with an inaugural address by the college principal, emphasizing the importance of character education and ethical conduct in the teaching profession.

2. Keynote Address by Dr. Shubhangi Kurhade: Dr. Kurhade delivered an insightful keynote address, highlighting the connection between human values, professional ethics, and effective teaching. She emphasized the need for educators to be role models for their students and to cultivate empathy, integrity, and respect in their teaching approach.



- 3. Ethics in Education: Dr. Kurhade discussed various ethical dilemmas that educators might encounter and provided strategies to address them while upholding the values of honesty, fairness, and transparency.
- 4. Case Studies and Group Discussions: Participants were divided into groups and presented with real-life case studies related to ethical challenges in education. They engaged in thoughtful discussions, analyzing the situations and proposing ethical solutions.
- 5. **Interactive Sessions:** The program included interactive sessions where participants could ask questions and share their experiences. Dr. Kurhade addressed queries related to specific ethical concerns faced by educators.
- 6. **Role of Technology:** The impact of technology on ethics in education was also discussed. Dr. Kurhade highlighted the importance of using technology responsibly and teaching students about digital ethics.
- 7. **Importance of Character Education:** The program emphasized that character education should be an integral part of the curriculum. Educators were encouraged to foster qualities like empathy, honesty, and teamwork among students.
- 8. **Commitment to Ethical Practices:** The program concluded with participants pledging to uphold ethical practices in their professional lives. They acknowledged their responsibility in nurturing responsible citizens for society.

Conclusion: The program on the inculcation of human values and professional ethics by Dr. Shubhangi Kurhade at Adhyapak Mahavidyalaya, Aranyeshwar, served as a crucial step toward raising awareness about the ethical dimensions of education. The event highlighted the significance of educators' role in shaping not only academic excellence but also the character and ethical behaviour of the next generation. The insights shared by Dr. Kurhade were valuable takeaways that would undoubtedly contribute to the participants' teaching approaches and interactions with students.

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Aranyeshwar, Pune - 411 009.

Title: Report on Introduction to Sustainable Development

Date: 09-09-2019

Lecture By: Prof Y.K.Patil

Introduction-The lecture on "Introduction to Sustainable Development" by Prof. Y.K. Patil Sir provided a comprehensive overview of the principles, challenges, and significance of sustainable development. The lecture aimed to equip participants with a fundamental understanding of sustainable development, its historical context, and its relevance in addressing global challenges.

Key Points

Defining Sustainable Development: Prof.Y.K. Patil Sir commenced the lecture by elucidating the concept of sustainable development, emphasizing the need to meet the present needs without compromising the ability of future generations to meet their own needs. He stressed the importance of integrating economic, social, and environmental dimensions to achieve long-term well-being.

Historical Background: The lecture delved into the historical roots of sustainable development, tracing its emergence from discussions on environmental conservation and the limits to growth in the 20th century. Prof.Y.K. Patil Sir highlighted pivotal milestones such as the Brundtland Report and the Earth Summit in shaping the modern sustainable development agenda.

Three Pillars of Sustainability- The speaker elucidated the three pillars of sustainability: economic, social, and environmental. He emphasized that a balanced approach to development necessitates the advancement of all three pillars in tandem, fostering equitable growth, social inclusion, and environmental protection.

Challenges and Opportunities- Prof.Y.K. Patil Sir elaborated on the multifaceted challenges facing sustainable development, including climate change, resource depletion, poverty, and inequality. He underscored that these challenges also present opportunities for innovation, collaboration, and transformative change.

Global Goals and Agendas- The lecture covered significant international frameworks such as the United Nations Sustainable Development Goals (SDGs) and the Paris Agreement. Prof. Y.K. Patil Sir highlighted the role of these agreements in guiding nations towards more sustainable pathways.

Role of Individuals and Society-The speaker emphasized that sustainable development is a collective endeavor requiring individual and societal commitment. He encouraged participants to adopt sustainable lifestyles, engage in responsible consumption, and contribute to community-based initiatives.

Business and Sustainable Practices-Prof. Y.K. Patil Sir discussed the role of businesses in advancing sustainable development. He shared examples of companies adopting eco-friendly practices, emphasizing the business case for sustainability and the potential to drive positive change through corporate actions.

Conclusion: Prof.Y.K. Patil Sir on Introduction to Sustainable Development was an insightful and thought-provoking session that provided a strong foundation in understanding the principles, challenges, and opportunities associated with sustainable development. Participants gained a holistic perspective on the multidimensional nature of sustainability and its relevance in addressing pressing global issues. The lecture underscored the need for collaborative efforts across sectors and individuals to create a more sustainable and inclusive future.

Adhyapak Mahavidyalaya Aranyeshwar. Pune - 411 009.

Shri Shivaji Maratha Societys' Pune 2

Adhyapak Mahavidyalay, Aranyeshwar Pune 9

Report on Communicating with Persons of Different Disabilities: Braille Field Visit to The Poona School & Home for the Blind Trust, Koregaon Park, Pune

Introduction: In the pursuit of understanding the challenges and communication methods used by individuals with different disabilities, a field visit to The Poona School & Home for the Blind Trust in Koregaon Park, Pune, was organized by Adhyapak Mahavidyalaya as a part of their social service program. This visit aimed to provide insights into the experiences of visually impaired students, their education, and the strategies employed to facilitate their learning and communication. The Poona Blind School and Home has been a pioneer institution for the blind in Pune. This eight decade old institution was started by Dr.S.R.Machave, a practicing eye specialist who worked specifically for the noble cause of securing the future for people who were blind. This school had a humble beginning in the year 1934 in a rented premise at Somwar Peth, in Pune. The school for boys was shifted later to another campus in Koregaon Park, and has come a long way since then.

Forty years after the inception of this blind school, a separate school for the blind girls came into existence in the year 1974.

Visit Details:

- Date: November 9, 2019
- Participants: Prof. Kalekar, Prof. Kun Malam, Prof. Ransure, students from Aranyeshwar Adhyapak Mahavidyalaya
- Location: The Poona School & Home for the Blind Trust, Machwe Road, Koregaon Park, Pune

Observations: Upon arrival, the visiting group was welcomed by the school authorities and given guidance on the protocols to be followed during the visit. The participants were



introduced to the unique aspects of the school that cater to the needs of visually impaired students.

Facilities and Programs:

- 1. Hostel: The school's hostel was found to be well-maintained, with each student having separate beds. The level of cleanliness was remarkable.
- 2. Music Program: The school encourages students to engage in music and play a variety of instruments. The music teacher, an ex-student of the school, exemplified the students' determination and progress.
- 3. Computer Lab: The computer teacher, Mr. Tejas Bendre, explained how visually impaired students are taught to use computers. Screen readers are used to teach them, and they begin learning computer skills from the third standard.
- 4. Artistic Development: The school places a strong emphasis on nurturing artistic qualities among its students. They have an orchestra, conduct various programs, and have received awards for their talents.
- 5. Braille: The students use Braille as a medium for reading and learning. The school has a Braille machine, and they have a substantial collection of Braille books sourced from the National Association for the Blind (NAB).
- 6. Individualized Teaching: Teachers at the school emphasize patience and repeated teaching methods. Individual attention is crucial, and students are taught in classrooms with only two students to ensure effective learning.
- 7. Inclusion: After completing the eighth standard, students continue their education in regular schools, promoting social inclusion and integration.

Challenges and Achievements:

• Parental Acceptance: Some parents struggle to accept their child's blindness, leading to conflicts. This highlights the need for awareness and support.



- Importance of Senses: Visiting the blind school underscored the significance of each bodily sense. It served as a reminder to value the gift of good health and sensory perception.
- Societal Awareness: The visit allowed the participating students to comprehend social issues and responsibilities, including cleanliness and empathy for others' experiences.

Conclusion: The field visit to The Poona School & Home For the Blind Trust provided an insightful experience into the challenges, accomplishments, and communication methods employed by visually impaired individuals. The school's dedication to nurturing talent, promoting inclusion, and providing individualized education was commendable. The visit left a lasting impression on the participants, fostering empathy and understanding for individuals with disabilities and underscoring the importance of a supportive and inclusive society.

Acknowledgments: The participants express their gratitude to Prof. Kalekar, Dr. Kurhade Madam, and Dr. Ransure for organizing and guiding the visit, as well as to the authorities and students at The Poona School & Home for the Blind Trust for sharing their experiences and insights.

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ADHYAPAK MAHAVIDYALAYA, ARANYESHWAR, PUNE 9

Title of best practice- Awareness Campaign for Woman Health

Objectives of the practice:

The health of women and girls is of particular concern because, in many societies, they are disadvantaged by discrimination rooted in sociocultural factors. There are a number of women's health issues that are specific to women alone. The girl students find menstruation as a health problem but it is the boon for them. We feel that this should be properly conveyed to them. To keep in view this thought the college has decided to conduct the awareness campaign for woman health.

The objectives of activity are as follows:

- 1. To impart the education regarding importance of woman health.
- 2. To acquaint the student teachers with the problems faced by women which occurred due to negligence towards health.
- 3. To acquaint the student teachers with yogasanas.
- 4. To organize the lectures of doctors on woman health issues.
- 5. To distribute the books regarding menstruation awareness.
- 6. To create the social awareness regarding the menstruation superstitions which are observed by society.

Context:

The college develops this programme to create the awareness regarding woman health in college and internship schools. This will help our students to conduct such campaign in their practising schools.

The practice:

The college organized the program as follows -

- 1. The lectures of doctors were organized regarding health issues.
- 2. The posters which describes the importance of woman health were presented in the college
- 3. The books regarding health awareness (Menstruation) were distributed in schools.
- 4. The paper bags for disposal of sanitary pads were distributed to girl students in college and practising schools.
- 5. The yogasanas which helpful to overcome the health issues were introduced in the workshop.
- 6. The sanitary napkin vending machine is installed in ladies room.

Evidence of success:

Student are increasingly taking interest in this practice. They found it beneficial for them. The students attend this programme enthusiastically. The student run such type of programme in their internship schools also.

मासिक पाळीबद्दल शास्त्रशुद्ध माहिती व पाळीबद्दल शास्त्रीय दृष्टिकोन तयार करण्यासाठी पूरक

प-पाळीचा किशोरी आरोग्य पुस्तिका

शर्वरी सुरेखा अरूण सचिन आशा सुभाष



संकल्पना व निर्मिती : समाजबंध मु. पो. हेमडी, ता-पेण, जि-रायगड, पिन -४०२१०७ संपर्क : सचिन आशा सुभाष, मोबाईल - ७७०९४८८२८६ प्रकाशक : साहित्यविश्व प्रकाशन, पुणे विक्रम मालन आप्पासाो शिंदे, मोबाईल - ७७४३८८४३०७ प्रकाशन - जागतिक महिला दिन, ८ मार्च २०२१







Problem Encountered

Some students were shy and hesitate to participate initially but after proper counselling they enthusiastically participate in it.

Title of best practice – 2.Zero Waste Management

Objectives of the practice

Sustainable development has become a central element in the works of National and international concerns. From this perspective, the focus is more and more on protecting the environment and society. So, waste management is a sensitive area for all organizations including educational institutions.

To keep in view this thought the college has decided to conduct Zero Waste Management.

The objectives of activity are as follows-

- 1.To create awareness about effective waste management
- 2. To practice zero waste Management in the campus
- 3.To educate students about clean environment

Context

The college develops this programme for zero waste management of student teachers as they are would be teachers. It they have awareness about it, they can create such awareness in society also which is the need of today's society. This programme is found useful to achieve this.

The practice

The college has organised the following activities:-

- 1. All the students and faculty members are strictly encouraged to carry steel lunch boxes to reduce the amount of solid waste.
 - 2. There are no dustbins to collect food waste in the campus.
 - 3. Quality in infrastructure and timely repair of electronic equipment is done to minimize solid waste and electronic waste formation.
 - 4. Paper waste generated is collected and given to agents for recycling purposes.
 - 5. Online data storage and use of the e-document facilities in the academic field are increasing practice to substitute the use of papers.

- 6. All the students, teachers have their own Email Id. Communication between students and teachers is through electronic means to reduce paper use.
- 7. Every month there is a campus cleaning activity initiated under social service activity.
- 8. The college has a well- maintained lawn which helps natural rainwater harvesting. It holds the earth's water capacity and filters more rainwater towards the ground.
- 9. Staff and students are encouraged to save electricity.

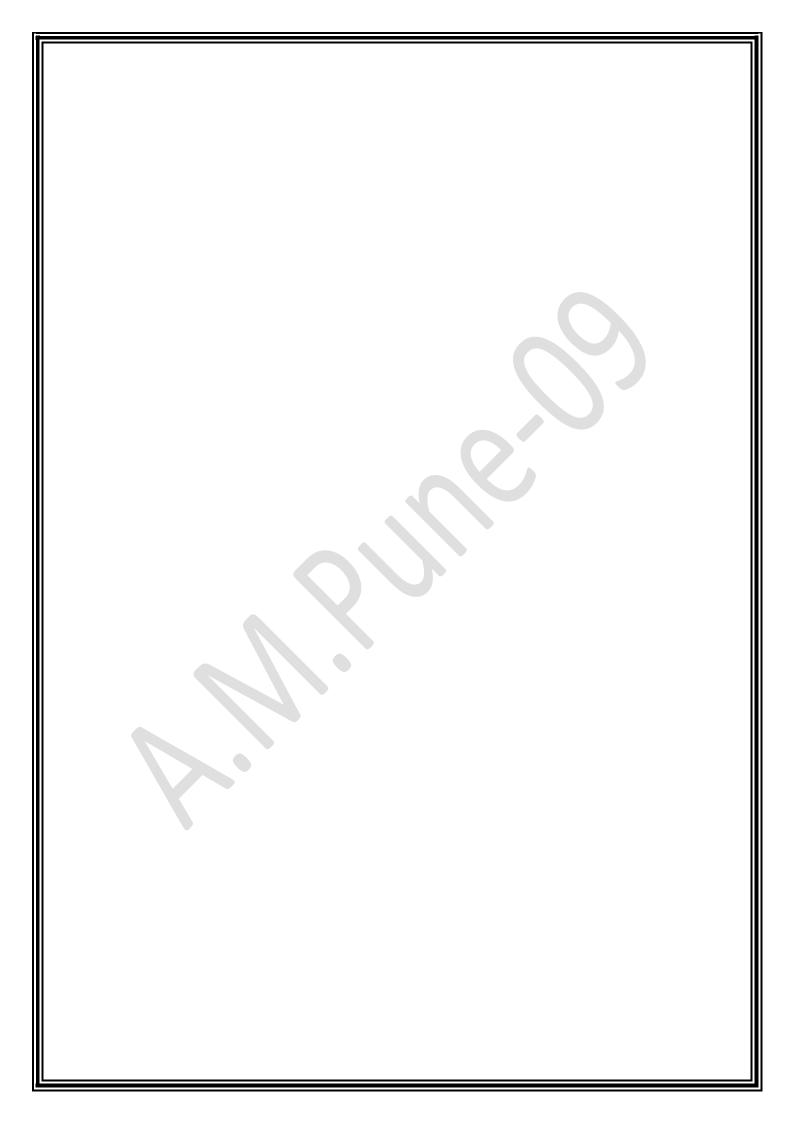
Evidence of success

The college has a green and eco – friendly campus.



Problem encountered

The problem is faced regarding the lack of awareness about waste management.



Lecture Report: Writing an Effective Biodata for Teachers

by Prof. Yogesh Patil

Date: October 12, 2021 Venue: Adhyapak Mahavidyalaya, Aranyoshwar, Pano 9

Introduction: On October 12, 2021, an enlightening and informative lecture on "Writing an Effective Biodata for Teachers" was conducted by Prof. Yogesh Patil at Adhyapak Mahavidyalaya in Aranyeshwar, Pune 9. The primary objective of this lecture was to provide aspiring educators with insights and techniques for crafting compelling and impactful biodata, a crucial element in the teaching profession.

Speaker Profile: Prof. Yogesh Patil, a seasoned educationist and accomplished professional, has an extensive background in academia and a deep understanding of the intricacies of the teaching profession. His vast experience and expertise make him a valuable resource for individuals aspiring to excel in the field of education.

Program Highlights:

- Significance of an Effective Biodata: The lecture commenced with Prof. Patil
 highlighting the significance of a well-structured and informative biodata in the
 realm of education. He emphasized that a biodata serves as the first impression for
 potential employers and plays a vital role in showcasing an educator's qualifications
 and attributes.
- Structuring the Biodata: Prof. Patil delved into the essential components that should be included in a teacher's biodata. Attendees were guided through the process of structuring the biodata, including personal information, educational background, work experience, skills, certifications, and achievements.
- 3. **Highlighting Teaching Philosophy:** The lecture underscored the importance of incorporating one's teaching philosophy into the biodata. Prof. Patil discussed how



articulating teaching approaches and beliefs can set a candidate apart and provide valuable insights to employers.

- 4. Showcasing Professional Development: Attendees learned how to effectively showcase their professional development initiatives, such as workshops, training programs, and continuous learning endeavours. Prof. Patil provided guidance on presenting these experiences to reflect commitment to growth and improvement.
 - 5. Tailoring Biodata for Different Roles: Prof. Patil elucidated the necessity of tailoring the biodata for specific teaching roles or institutions. He shared strategies for customizing the biodata to align with the requirements of different educational institutions or positions.
 - 6. Language and Formatting: Practical tips on language usage, formatting, and overall presentation were shared to enhance the readability and professional appearance of the biodata. Attendees gained insights into creating a document that is clear, concise, and visually appealing.
 - 7. **Interactive Session and Feedback:** The lecture included an interactive session where attendees could seek clarification and ask questions. Participants also had the opportunity to receive feedback from Prof. Patil on their existing biodata, allowing them to make improvements based on expert advice.

Conclusion: The "Writing an Effective Biodata for Teachers" lecture by Prof. Yogesh Patil proved to be an invaluable resource for aspiring educators. Through a comprehensive exploration of biodata components, structuring techniques, and customization strategies, attendees gained a deeper understanding of how to create a biodata that resonates with potential employers. Prof. Patil's expertise and practical insights left participants empowered and equipped to present their qualifications and teaching philosophy in a compelling manner. As attendees departed with enhanced skills in biodata creation, it was evident that this lecture would play a pivotal role in shaping their journey toward successful teaching careers.

PRINCIPAL Adhyapak Mahavidyalaya Aranyeshwar, Pune - 411 009.

Adhyapak Mahavidyalaya Aranyeshwar Pune 9

Report on Personality Development Program at on 7 Feb 2020

Introduction: A Personality Development Program was organized at Adhyapak Mahavidyalaya Aranyeshwar, Pune 9 on 7th February 2020. The aim of the program was to enhance the personal and professional development of the participants by focusing on various aspects of personality growth and self-improvement.

Importance of Personality Development: Personality development plays a crucial role in an individual's life, influencing their behavior, attitude, and interactions with others. It is essential for building self-confidence, effective communication skills, and leadership qualities. A well-developed personality enhances one's career prospects and contributes to personal growth.

Eysenck Personality Inventory by Dr. Chaugule B.G: The program commenced with a session on the Eysenck Personality Inventory conducted by Dr. Chaugule B.G. The Eysenck Personality Inventory is a psychological test designed to assess an individual's personality traits. Dr. Chaugule provided insights into the importance of understanding one's personality traits and how they impact various aspects of life.

Theoretical Information of Eysenck Personality Inventory: Dr. Chaugule delved into the theoretical background of the Eysenck Personality Inventory, explaining the factors it measures, such as extraversion, neuroticism, and psychoticism. He highlighted how awareness of these traits can lead to better self-awareness and personal development.

Organized Workshop on Personality: Rotary Club of Pune: The program also included a workshop organized by the Rotary Club of Pune, focusing on personality development. This workshop aimed to provide participants with practical tools and techniques for enhancing their personality traits.



RYLA - Rotary Youth Leadership Awards: Mrs. Deepa Pujari delivered an introductory session on RYLA - Rotary Youth Leadership Awards. She elaborated on the significance of RYLA in nurturing young leaders and providing them with opportunities to develop their leadership skills and self-confidence.

Guest Speaker Sessions: The event featured a series of guest speaker sessions that provided valuable insights into various aspects of personality development.

- Mr. Prakash Bhat: Mr. Bhat delivered a speech on the topic "Motivation: A Tool for Self-Belief." He emphasized the role of motivation in fostering self-confidence and discussed how motivation serves as a driving force for personal growth.
- Prof. Mr. Khandekar: Prof. Khandekar shared insights on "The Important Codes
 of a Good Teacher." He stressed the significance of teachers being well-versed in
 new technologies and discussed the desired behavior of teachers in modern
 educational settings.
- Dr. Shirish Limaye: Dr. Limaye's session centred on the teachings of Swami Vivekananda. He highlighted the notion that all knowledge is within and discussed how education is the manifestation of the perfection already present in an individual. He emphasized that education should focus on character building and the development of mental faculties.

Vote of Thanks: The event concluded with a vote of thanks delivered by Prof. Shinde Pratibha, expressing gratitude to all the speakers, participants, and organizers for making the Personality Development Program a success. The program proved to be an insightful and enriching experience for all attendees, providing them with valuable tools, perspectives, and knowledge for their personal and professional growth.

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ADHYAPAK MAHAVIDYALAYA, ARANYESHWAR, PUNE 9

Report of Skill Enhancement Program on "Online Teaching Tools"

ACADEMIC YEAR 2020-2021

Due to pandemic situation, teaching learning process has shifted to online mode and so is the teacher education program. Internship program for this academic year will be conducted in "online Mode". Student teachers need to use online platforms for the successful implementation of the Internship program. Objectives of the program are as follows:

Objectives:

- A. To introduce student teachers different online tools of teaching.
- B. To develop skills among student teachers for using these tech tools.
- C. To help student teachers to understand and use these tools in teaching learning.

A six days orientation is organized for student teachers.

Duration: 05/10/2020 to 10/10/2020

Briefing time: I Hour daily

Hands on Time: 5 Hours daily

Total Duration of the workshop: 30 Hours

Tools covered:

- a. Making effective Power Point Presentations
- b. Setting up Google class and using various facilities in Google class
- c. Using platforms viz. Google Meet, ZOOM
- d. Making Google Forms
- e. Making Google quiz
- f. Video making

Workshop Outcomes:

The workshop guided student teachers to make use of these on line tools. Student teachers prepared power point presentations and used them in their online teaching program. The student teachers learned both ZOOM as well as Google meet platform but they many of them preferred using Google meet due to easy interface. Student teachers also prepared videos of their presentations using different tools. They have learnt how to cast the screen. Teacher educators of our college prepared procedural video tutorials for student teachers and uploaded them on you-tube as well. These video tutorials were of great help to students. Student teachers could make their online teaching activity more effective using these tools.

Class In-charge

Adhvapak Mahavidyalaya Aranveshwar, Pune-411009 This is to inform you that due to COVID-19 situation we have planned to conduct online internship programme for B Ed. If yr. students from 12° of Oct. 2020 to 31° of Jan. 2021. The orientation programme is scheduled for the same. The detail schedule is as follows:

Schedule for orientation programme

Date	Time	Topic	Name of the professor
5/10/2020	1.00 p.m. to 2.00 p.m.	Orientation of online internship programme, Presentation skills	SNJ
6/10/2020	1.00p.m.to 2.00 p. m.	How to set up online class with google meet and zoom	VYR
/10/2020	1.00p.m. to 2.00p.m.	How to create Google Classroom, its features	PRS
8/10/2020	1.00 p.m. to 2.00 p.m.	How to make effective Power Point Presentation	AKB
9/10/2020	1.00 p.m. to 2.00 p.m.	How to make Google Forms (Question Types)	SSK
10/10/2020	1.00 p.m. to 2.00 p.m.	Video Making	SJK

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Understanding Self Lecture by Yogesh Patil: A Comprehensive Report

Date: 13 October 2021

Venue: Adhyapak Mahavidyalaya, Aranyeshwar Pune 9

Introduction:

The "Understanding Self" lecture, delivered by Mr. Yogesh Patil, offered participants a profound exploration into the realms of self-awareness, personal growth, and the intricate journey of understanding oneself. The event was designed to unravel the layers of introspection and self-improvement, fostering a deeper connection with one's inner world.

Speaker Profile:

Mr. Yogesh Patil, an eminent motivational speaker and seasoned life coach, brought a wealth of expertise to the lecture. His background in psychology and extensive experience in facilitating transformative workshops made him a distinguished authority in guiding individuals toward self-discovery and personal empowerment.

Program Highlights:

Introduction to Self-Awareness:

The lecture commenced with Mr. Patil shedding light on the pivotal role of self-awareness in personal development. He expounded on the concept of comprehending one's thoughts, emotions, and behaviours as a fundamental platform for fostering growth and transformation.

Exploring Core Values and Beliefs:

Participants were immersed in a deep dive into their core values, beliefs, and cognitive patterns that Mold their perceptions. The lecture unveiled how embracing authentic values can pave the way for a more gratifying life journey.

Mindfulness and Emotional Intelligence:

Mr. Patil introduced mindfulness as a practice for cultivating emotional intelligence. Attendees were acquainted with techniques for nurturing self-awareness in the present moment and adeptly managing their emotions.



Self-Reflection and Journaling: A pivotal aspect of the program was the guidance provided on self-reflection and journaling as potent tools for introspection. Mr. Patil underscored the significance of routinely pondering over experiences and insights to nurture personal development.

Building Self-Confidence:

The lecture elucidated strategies for nurturing self-confidence and a positive self-image. Practical advice from Mr. Patil offered attendees means to surmount self-doubt and fortify their self-esteem.

Goal Setting and Self-Actualization:

Attendees were immersed in a discourse on crafting purposeful goals aligned with their values and aspirations. The lecture illuminated the symbiotic relationship between personal growth and self-actualization.

Interactive Activities:

The lecture's vitality was further enhanced through interactive activities encompassing group discussions, self-assessment exercises, and guided meditation. These activities galvanized participants to translate concepts into actionable steps and to profoundly engage with the material.

Conclusion:

The "Understanding Self" lecture delivered by Mr. Yogesh Patil was a voyage that left an indelible mark on participants. Through insights into core values, mindfulness practices, and the art of self-reflection, attendees were armed with pragmatic tools to enrich their emotional intelligence, self-assuredness, and holistic well-being. Mr. Patil's enthralling and enlightening presentation not only instilled inspiration but also catalysed a renewed commitment among participants to embark on an enduring expedition of self-discovery and evolution. As the echoes of the lecture reverberate, it is evident that this transformative experience will continue to resonate within the lives of those who attended.

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Aranyeshwar Pune 444 009.

A Comprehensive Report

"Facing an Interview"

Lecture by Prof. Yogesh Patil

Date: October 16, 2021

Venue: Adhyapak Mahavidyalaya, Aranyeshwar, Pune 9

Introduction: On October 16, 2021, a highly informative and insightful lecture on "Facing an Interview" was delivered by Prof. Yogesh Patil at Adhyapak Mahavidyalaya in Aranyeshwar, Pune 9. The objective of this lecture was to equip attendees with the necessary knowledge, skills, and confidence to effectively navigate the challenging landscape of job interviews.

Speaker Profile: Prof. Yogesh Patil is a distinguished academician and seasoned professional who has been actively involved in grooming individuals for successful career journeys. With a robust background in both education and industry, Prof. Patil brings a unique blend of theoretical and practical insights to his lectures.

Program Highlights:

- 1. **Understanding the Interview Process:** Prof. Patil began by elucidating the fundamental stages of an interview process, ranging from initial screening to final selection. Attendees gained a comprehensive understanding of the various rounds and assessments typically conducted during interviews.
- 2. **Crafting an Impressive Resume:** The lecture delved into the art of creating a compelling resume that succinctly showcases an individual's skills, experiences, and achievements. Prof. Patil shared valuable tips on structuring resumes to align with specific job roles and highlighting key attributes.
- 3. **Effective Communication Skills:** Communication prowess was emphasized as a crucial factor during interviews. Attendees were enlightened about the significance of clarity, confidence, and body language in conveying their suitability for the role.
- 4. **Preparing for Common Interview Questions:** Prof. Patil meticulously discussed common interview questions and guided attendees on formulating articulate and relevant responses. The lecture encouraged participants to focus on their accomplishments and experiences that align with the job requirements.

- Handling Stress and Nervousness: Recognizing that interviews can induce anxiety, the lecture provided techniques to manage stress and nervousness. Prof. Patil shared mindfulness exercises and practical strategies to stay composed and focused during high-pressure situations.
- 6. Mock Interview Sessions: A highlight of the lecture was the mock interview sessions, where attendees had the opportunity to experience and practice real-life interview scenarios. Constructive feedback from Prof. Patil and peer interaction allowed participants to refine their interview techniques.
- 7. Q&A and Personalized Guidance: The lecture concluded with an engaging question-and-answer session, where attendees could seek clarification on specific concerns related to interviews. Prof. Patil provided personalized guidance, addressing individual queries and uncertainties.

Conclusion: The "Facing an Interview" lecture by Prof. Yogesh Patil was a resounding success, equipping attendees with essential skills and insights to excel in job interviews. With an adept blend of theoretical knowledge and practical exercises, Prof. Patil empowered participants to navigate the intricacies of the interview process with confidence. The mock interview sessions proved to be a transformative experience, allowing attendees to apply the acquired knowledge in a simulated environment. As attendees departed with a newfound sense of preparedness, it was evident that Prof. Patil's expertise had kindled a positive impact on their journey toward successful interviews and fulfilling careers.

ADHYADAYAMAHAVOO

Principal Adhyapak Mahavidyalaya Aranyeshwar, Pune-411009.



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Adhyapak Mahavidyalaya, Aranyeshwar Pune 9

Report on Personality Development Workshop

(27th October 2021 - 30th October 2021)

Introduction: The Personality Development Workshop, organized by [Name of the Organizing Institution/Department], was held from 27th October 2021 to 30th October 2021. The workshop aimed to provide participants with valuable insights and knowledge to enhance their personality traits, self-awareness, and interpersonal skills. Renowned personality development expert, Prof. Shinde Pratibha, inaugurated the workshop on the first day, setting the tone for an informative and enriching experience.

Workshop Schedule and Activities:

Day 1 (27th October 2021) - Orientation by Prof. Shinde Pratibha: The workshop commenced with an enlightening orientation session conducted by Prof. Shinde Pratibha. She emphasized the importance of personality development in personal and professional growth. Prof. Shinde highlighted the significance of self-awareness, effective communication, and emotional intelligence in shaping an individual's overall personality.

Day 2 (28th October 2021) - Objectives of Personality Development and Analysis of Newspaper Articles: On the second day, the participants delved into the fundamental objectives of personality development. The facilitator discussed the various aspects of enhancing one's personality, including confidence, communication skills, and leadership qualities. The participants also engaged in an analysis of selected newspaper articles, exploring the portrayal of personalities in the media.



Day 3 (29th October 2021) - Eysenck Personality Questionnaire (EPQ) and Seminar on Carl Jung's Personality Theory: Participants were introduced to the Eysenck Personality Questionnaire (EPQ) on the third day. This questionnaire, designed by psychologists Hans Jürgen Eysenck and Sybil B. G. Eysenck, aimed to assess different personality traits of individuals. The workshop attendees gained insights into the significance of personality assessment tools in understanding human behaviour.

In the afternoon session, a seminar was conducted on Carl Jung's Personality Theory. The seminar focused on the concepts of introversion and extroversion and how individuals perceive the world through thinking, feeling, sensation, or intuition. The three components of the human psyche according to Jung—the ego, personal unconscious, and collective unconscious—were thoroughly discussed, shedding light on the intricate aspects of personality development.

Day 4 (30th October 2021) - Analysis of Inspirational Content: The final day of the workshop witnessed an engaging activity centred around analysing inspirational content related to personality development. Participants were encouraged to critically evaluate articles and quotes related to personal growth, drawing inspiration and insights for their own development journey.

Conclusion: The Personality Development Workshop, spanning from 27th to 30th October 2021, provided participants with a comprehensive understanding of various aspects of personality development. Through interactive sessions, seminars, and analysis activities, attendees gained insights into personality assessment tools like the EPQ and explored the theories of renowned psychologists such as Carl Jung. The workshop successfully equipped participants with valuable knowledge and skills to enhance their personalities, thereby contributing to their personal and professional growth.

PUNE-9 PUNE-SHNIPS

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CTET Exam Lecture by Prof. Vijay Londhe: A Comprehensive Report

Date: February 7, 2022 Venue: Adhyapak Mahavidyalaya Aranyeshwar, Pune 9

Mode: Online via Google Meet

Introduction: On February 7, 2022, a highly enlightening lecture on the Central Teacher Eligibility Test (CTET) was conducted by Prof. Vijay Londhe at Adhyapak Mahavidyalaya in Aranyeshwar, Pune 9. The lecture aimed to provide aspiring teachers with a comprehensive understanding of the CTET exam, its significance, and effective strategies for successful preparation.

Speaker Profile: Prof. Vijay Londhe is a distinguished educator and expert in the field of teacher training and competitive examinations. With a deep knowledge of teaching methodologies and examination patterns, Prof. Londhe is a respected figure in guiding candidates through the intricacies of teacher eligibility tests. He is also our alumni.

Program Highlights:

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- 1. **Introduction to CTET:** The lecture commenced with an overview of the Central Teacher Eligibility Test (CTET). Prof. Londhe explained the purpose of the CTET, its importance for aspiring teachers, and the structure of the exam, which includes Paper-I for classes I to V and Paper-II for classes VI to VIII.
- 2. **Exam Syllabus and Pattern:** Attendees were provided with a detailed breakdown of the CTET exam syllabus for both Paper-I and Paper-II. Prof. Londhe elaborated on the subjects covered, the number of questions, and the marking scheme. He also discussed the different sections of the question paper.
- 3. Effective Preparation Strategies: Prof. Londhe shared valuable insights into effective preparation strategies for the CTET exam. He emphasized the significance of time management, subject prioritization, and regular practice. Attendees were guided on how to create a study schedule and allocate adequate time to each subject.



- 4. **Subject-specific Guidance:** The lecture delved into subject-specific guidance for both Paper-I and Paper-II. Prof. Londhe provided tips for tackling questions related to Child Development and Pedagogy, Mathematics, Environmental Studies, Language, and Science, among others.
 - 5. Sample Questions and Mock Tests: Attendees were introduced to sample questions and mock tests designed to simulate the CTET exam environment. Prof. Londhe discussed the importance of solving mock tests to assess one's progress, identify weak areas, and develop exam-taking strategies.
 - 6. **Interactive Session:** The lecture included an interactive session where attendees could ask questions and seek clarifications. Prof. Londhe addressed queries related to exam preparation, study materials, and specific content areas.
 - 7. Online Mode via Google Meet: The lecture was conducted online through Google Meet, allowing participants to access the session from the comfort of their homes. Prof. Londhe's engaging presentation style ensured that the virtual mode retained its interactive and informative nature.

Conclusion: The CTET Exam Lecture by Prof. Vijay Londhe proved to be an invaluable resource for aspiring teachers preparing for the CTET exam. Attendees gained a comprehensive understanding of the exam's structure, syllabus, and effective preparation strategies. Prof. Londhe's expertise and practical insights equipped participants with the tools they need to confidently approach the exam. The online format via Google Meet ensured accessibility and convenience without compromising the quality of information shared. As participants left the lecture armed with knowledge and preparation techniques, it was evident that Prof. Londhe's guidance would play a pivotal role in shaping their success in the CTET examination and their future careers as educators.

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